

S Magazine  
22<sup>nd</sup> March 2020  
Circ. 281,009  
Frequency: Weekly



# Culinary delights

Edited by Victoria Gray



Nutty Bruce is a new plant-based brand. Its unsweetened Almond & Coconut M\*lk is made using organic, whole, activated almonds, which have an increased nutrient value. It is also completely free from thickeners, preservatives, colours, stabilisers, nut pastes and added oils. Priced at £2.75 for a litre, it's available from **Planet Organic** ([planetorganic.com](http://planetorganic.com)).

**Good Catch** has launched a new range of 100 per cent plant-based tuna featuring a blend of peas, chickpeas, lentils, soya, fava beans, navy beans, seaweed and algae extracts for a fresh seafood flavour. The plant-based protein contains omega-3s and, with its unmistakable flaky texture, can be used in the same way as tuna. It costs £2.50 for a 94g pouch from **Tesco** ([tesco.com](http://tesco.com)).



These contemporary-style bamboo utensils are part of the House by John Lewis collection. Featuring colour-coded handles, they are safe to use on nonstick surfaces and cost £10 for a set of four from **John Lewis & Partners** ([johnlewis.com](http://johnlewis.com)).